

Farmers Aid SA Magazine

Issue 1 Uitgawe

Farm Attack Signs

Huis

Politiek

Boererate wat werk

FarmersAid
Together we can

Wie is Farmers Aid SA?

Community Food Bank

How You Can Help

Die Span

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Uit Die Pen Van Die Redakteurs

Welkom by die eerste uitgawe van die Farmers Aid SA publikasie.

Hierdie publikasie word met trots aan u gebring deur Farmers Aid SA insamewerking met CO Media.

Ons boere in Suid Afrika gaan deur geweldige moeilike tyd op hierdie stadium. Die uitmerglike droogte, plaas moorde en talle ander faktore. Ons wil graag hierdie publikasie aan die boere opdra. Elke uitgawe sal insiggewend, opvoedkundig asook positiewe nuus, advies en informasie bevat.

U as leser is welkom om bydraes ook vir ons te stuur en sodoende by te dra tot die boere gemeenskap van Suid Afrika.

Ek hoop van harte dat u hierdie uitgawe sal insiggewend vind en u is welkom om dit te versprei vir ons. Groete Dries & Patrick

Inhouds Opgawe

Boererate wat werk

Eet jou wortels, my kind. Dis goeie, ordintlike medisyne vir jou oë. En moenie jou beet vergeet nie. Hoekom dink jy het Ouma self sulke fênsierige rooi wange?"

Só het Ouma mos altyd met oorwoë wysheid geredeneer wanneer ons kinders oor die etenstafel so suur gesluk het aan ons groente.



VIR BAIE boererate hoef 'n mens niks verder te soek as die kombuis nie:

- **Kruiedokters verkondig al lank dat skyfies rou aartappels of uie die byte of steke van insekte kan verlig.**
- **As jy oorpyn het, kan jy 'n bietjie knoffel of uiesap net so effentjies warm maak. Gooi 'n paar druppels in die oor en verseël dit met 'n wattepluisie. Dit help om olie en slym in die oor op te breek en om infeksie te beveg.**
- **As jou keel seer is, gooi 'n bietjie sout in warm water en gorrel.**
- **As jy 'n hoesmiddel nodig het, probeer heuning in water met suurlemoensap of appelasyn.**

verwolg op bladsy 4

Aambeie:

As jy kwaai ly aan aambeie wat baie pyn en brand, dan moet jy 1 lepel rou melk of rou bies neem en 80 druppels harlemensis daarop drup en dit drink en so bietjie gaan lê…

Nogmaals aambeie:

(dog hoeveel hiervan bygeloof en hoeveel wysheid is, moet die leser maar self besluit): Nadat jy gebad of gestort het, droog heel eerste jou hande goed af sodat dit so droog moontlik is.

Droog daarna die res van jou lyf af. Die aambeie verdwyn vinnig, en nadat dit verdwyn het, moet jy hierdie ritueel aanhou doen, veral as jy nogal baie sukkel met aambeie. Probeer om dit 'n gewoonte te maak om jouself so af te droog. As hierdie ritueel gelowig gevolg word, sal jy nooit weer probleme met aambeie hê nie.

As jy fan 'n giftige ding gebyt is:

Geef di lyder in: soet melk, olie, wilde dagga gekook, wyn en rou yers deur makaar geklits, goud gefyl en ingegé, menswater (urine) met asyn, boegoe brandewyn, 'n ou deurgerookte pypkop fyn gemaak ingegé.

Snork:

'n Paar druppels olyfolie in elke neusgat.

Sproete:

Melk 'n perd en was die gesig twee keer per dag met die melk.



Bednatmaak:

Vang 'n streepmuis, slag af en braai hom, gee vir die kind om te eet, moenie vir hom sê dis 'n streepmuis nie, hy sal nie meer bednatmaak nie.

In die Afrikaans van lank gelede: Dowighyd:

'n Mens sny 'n hasi oop en druk die water uit di blaas in 'n flessi en dan 2 maal per dag 2 druppels in die oor te doen, en 'n pluisi fan di hasiwater in di oor steek en gedurig nat maak

Slangbyt:

Neem 'n skeermeslemmetjie en sny 'n kruis op die bytplek. Suig die gif uit die wond en was mond met petrol. Vryf dan die gedroogde bloed van 'n skilpad in die wond.

Oorpyn:

Braai 'n vars krap en gooi 'n paar druppels twee keer per dag in die seer oor.

Slaaploosheid:

Slag 'n groot hoender en vang die bloed op. Wag totdat die bloed byna droog is, en meng dan met petrol (dit sal witterig en klewerig word). Meng met beenmeel en braai in hoendervet. Die smaak wonderlik en sal elkeen help om goed te slaap.

Malaria:

Vul 'n bad met nat perdemis en kookwater. Plaas die persoon in die bad en bedek hom / haar minstens 20 minute lank heeltemal met die mengsel. Verwyder die persoon uit die bad en maak hom / haar met baie komberse toe.



Cooking on a budget

Some of the themes that mom and dad have perfected over the years in their practical budget-mindedness when it comes to food and cooking are:



Chicken

Buy it bone-in, skin on. It's cheaper. Buy thighs. More flavor and meat for the money. Save the bones, either before cooking or after a meal. Freeze and use later for making chicken stock. Not only is the marrow from bones incredibly good for you, but if you already have the bones, the stock you can make from it is practically free.

Mexican Food

Corn tortillas and beans are cheap, and combined make a complete protein. The beans are especially economical if you buy them dry and cook them yourself, instead of using them from a can. Add some rice and salsa and you have a filling, nutritious, delicious meal.



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Cooking on a budget

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Eggs

Great source of inexpensive protein. Make hard boiled eggs for sandwiches or scrambled eggs for breakfast.

Use cheaper, tougher cuts of meat

Make stews with beef chuck roasts or pork shoulders. Low and slow braising completely tenderizes the meat, and the flavor is amazing. You can also brown a rump roast on high heat and then lower the heat for low slow cooking for roast beef



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Cooking

on a budget

continue from page 6





Turkey legs and thighs

Best deal out there.

You can braise them or make turkey stew

Potatoes, Rice, Pasta

Make your meal go farther with starches like potatoes, rice, pasta, or tortillas.

Those are just a few of the ideas I've observed from my parents.

Personally my favorite budget meal is a peanut butter sandwich.



Community Food Bank

THE FARMERS AID SA - COMMUNITY FOOD & CLOTHING BANK PROJECT

The aim of this project is to get communities to come together for one purpose and one purpose only, that's to lend a helping hand to those who are in need.

We see an increase in poverty among our people everyday, each and everyone of us have old clothing, toys, furniture and more that they don't use, those are the items we are looking for to be donated to us.

Non perishable food items can also be donate to us, all donations, whether old clothing, toys will be gathered and be distributed to various families that are in desperate need of help.

So if you would like to donate to the Farmers Aid SA - Community Food & Clothing Bank Project the please use our bank details below:

FIRST NATIONAL BANK
ACC NAME: FARMERS AID SA
ACC NO: 62601364813
ACC TYPE: CHEQUE
REFERENCE: COMMUNITY FOOD BANK



How To Plan A Vegetable Garden



Here's everything you need to know about where to start and what to plant in a garden filled with vegetables

Starting a vegetable garden at home is an easy way to save money -- that tomato plant can easily provide you with 10 pounds of fruit over the course of a season.

But planting a garden with vegetables also gives you the pleasure of savoring a delicious, sun-warmed tomato fresh from your backyard. In almost every case, the flavor and texture of varieties you can grow far exceed grocery store produce.

Plus, growing vegetables can be fun. It's a great way to spend time with children or have a place to get away and spend time outdoors in the sun.

Learning what to plant in a garden with vegetables, and how to tend them for the best harvest, is probably easier than you think. If you plan it right, you can enjoy a beautiful garden full of the fruits of your labor, without having to spend hours and hours tending it.

Planting a garden that includes vegetables and flowers means you've combined natural companions, and that can turn a potential eyesore into an attractive landscape feature.

Read on for more tips on your first vegetable garden!



Deciding What to Plant in a Garden with Vegetables

At first, when deciding what to plant in a garden with vegetables, it's best to start small.

Many gardeners get a little too excited at the beginning of the season and plant more than they need, being that a number of vegetables tend to be high-yield.

So first, think about how much your family will eat when you're planning a vegetable garden.

Keep in mind that vegetables such as tomatoes, peppers, and squash keep providing throughout the season -- so you may not need many plants to serve your needs.

Other vegetables, such as carrots, radishes, and corn, produce only once. You may need to plant more of these.

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How To Plan A Vegetable Garden

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Determining How Much Space You Need

Once you know what you want to plant, you can figure out how to plan a vegetable garden with the right amount of space.

Keep in mind that when figuring out what to plant in a garden with vegetables, you don't need a large space to begin.

If you choose to grow in containers, you don't even need a yard -- a deck or balcony may provide plenty of space.

In fact, a well-tended 10x10-foot vegetable garden will usually produce more than a weed-filled or disease-ridden 25x50-foot bed.

No matter how big your vegetable garden is, or how you determine what to plant in a garden, there are three basic requirements for success:

1. Full sun. Most vegetables need at least 6-8 hours of direct sun. If they don't get enough light, they won't bear as much and they'll be more susceptible to attack from insects or diseases.
Here's a hint: If you don't have a spot in full sun to plant a garden with vegetables, you can still grow many leafy vegetables such as lettuce and spinach. And if you're in a hot-summer climate, cool-season varieties such as peas may do better in part shade.
2. Plenty of water. Because most vegetables aren't very drought tolerant, you'll need to give them a drink during dry spells. When thinking about how to plan a vegetable garden, remember: The closer your garden is to a source of water, the easier it will be for you.
3. Good soil. As with any kind of garden, success usually starts with the soil. Most vegetables do best in moist, well-drained soil that's rich in organic matter (such as compost or peat moss).
Many gardeners like to have their vegetable gardens close to the house. This makes it easier to harvest fresh produce while you're cooking. It can also be handy to keep a few favorite potted vegetables next to your grill.

Picking the Perfect Spot



www.netradiosa.co.za



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Stocking Your Herbal Medicine Cabinet



Practicing natural health principles - such as understanding herbs and their uses, using essential oils, or eating a whole foods diet - are a great way to create a sustainable healthy lifestyle.

But sometimes it's really confusing. Where do you start? Especially with herbs and essential oils - there are so many choices, how do you know which ones you need on a regular basis and which ones will only be necessary for a rare, leap year-only concoction?

As I began learning about essential oils and herbs and their uses, I went a little overboard. My dad is a manager for a wholesale herb company, meaning I have access to a lot of great stuff at a great price. (Next on my list is to grow my herbs - I just have to keep them alive).

So I bought bags of herbs and bottles of essential oils...and many of them are still sitting in boxes in my attic.

Fortunately, when I started decluttering my home and taking a more minimalist approach to life, I realized that the same principles could be applied to my health as well.

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1. Astragalus: This Chinese herb is a great immune system booster. Add it to soups or make a tincture.

2. Calendula**:** This beautiful flower is a great healer. Its anti-inflammatory properties make it a great addition to ointments.

3. Comfrey**:** A phenomenal healing herb, comfrey is great in ointments, infusions (strong tea) and poultices. Do not eat.

4. Elder flower**:** Very useful as a detoxifier, relaxes bronchio spasms and promotes a feeling of well-being.

5. Garlic: Immune system-boosting and antibiotic, be sure to get plenty of this common herb in your diet.

6. Lady's mantle**:** This astringent herb works best on hollow organs, drawing out excess fluid and soothing inflammation.

7. Lemon balm: Its two primary functions are soothing the digestive tract and calming the nervous system.

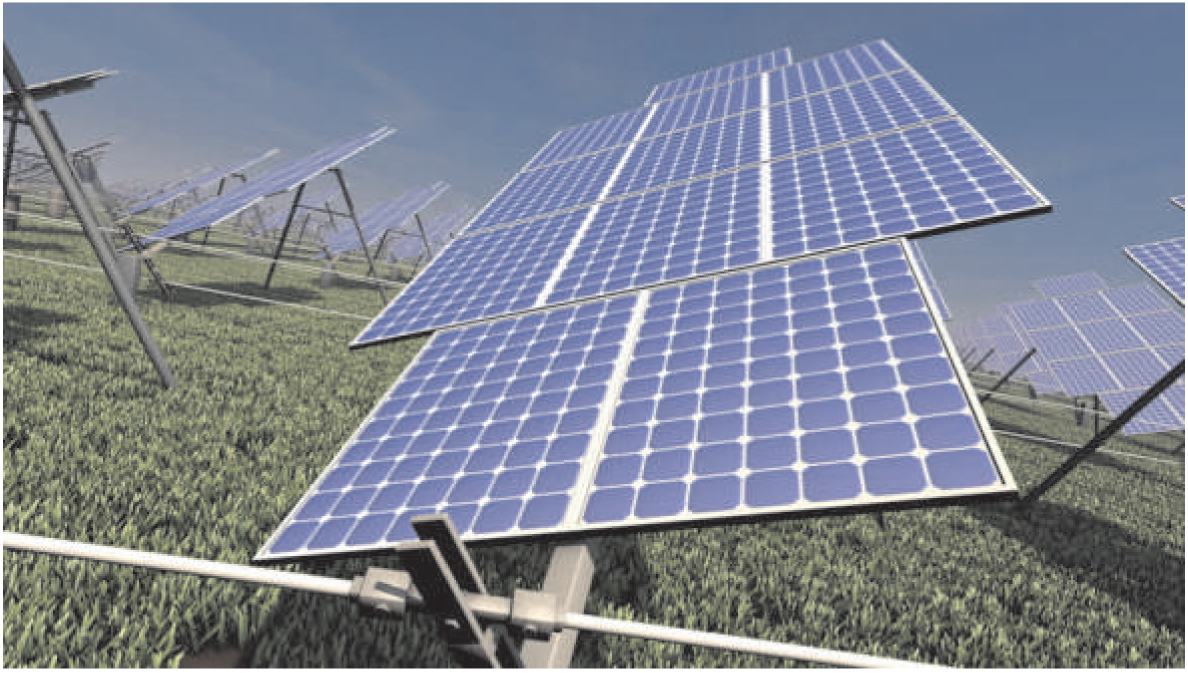
8. Marshmallow root**:** Soothes, lubricates, softens and heals minor wounds.

9. Nettle**:** Rich in minerals, especially calcium. Great for calming muscles spasms and toning the uterus.

10. Plantain**:** Speeds the healing of scrapes and wounds and soothes inflammation.

11. Red raspberry leaf**:** Full of easily assimilated minerals, it's the perfect pregnancy herb. Also soothes inflammation in the digestive tract.

12. Yarrow**:** Stops bleeding quickly and repels insects when steeped with lavender. Taken internally, it acts as an antibiotic.



A new agricultural technique may have just solved the problem of growing food in some of the world's most inhospitable places – locations that don't currently support traditional agriculture.

In addition, the technique can save what are clearly finite resources from extinction, something all of us should clearly favor.

As the world's population grows, so too does its demand for food.

The primary argument for GMO makers like Monsanto and backers in industry and government is that they are necessary because the world is running out of resources, and GMO crops are a better way to boost yields (which is not true, actually).



On first hearing it, this argument might sound cogent and believable; after all, it's "science" and scientists aren't trying to harm us.

Solar Panel Farms

"Grows 17 000 Tons of Food Without Soil, Pesticides, Fossil Fuels or Ground Water"

Welcome to the South African History



The road through the History of South Africa with Eric A Walker. A Chapter or extraction out of the book will appear in the magazine over the next months.

The book by The History of South Africa by ERIC A. WALKER, M.A. (oxon.) 1927 which you can down load at https://archive.org/details/historyofsouthaf00eawa

Europeans have dwelt on the East Coast of Africa south of the Zambesi for more than four hundred years.

During the past two centuries and three-quarters, they have steadily penetrated the continent from the southwest.

If the inception of the Portuguese settlements is taken as the starting-point, European South Africa has a history as long as that of the Americas; if time is reckoned from the more fruitful Dutch occupation of Table Bay, it has a story almost as long as that of Canada.

That story is simple enough for nearly two hundred years after the foundation of Capetown; but, thereafter, with the migration of the frontier farmers into the interior and their fitful pursuit by the British authorities, it becomes politically more complex than that of any other Dominion and, allowing for the difference in scale, socially more complex than that of the United States.

Until recent times Southern Africa has been a little world to itself, within a ring-fence marked out by Ocean and the vast bulk of Darkest Africa. It has experimented with almost every conceivable type of pohty: chartered companies of the old type and the new ; crown colonies and self-governing colonies with typically British flexible constitutions; independent and semi- independent republics with constitutions more or less rigid; tribal monarchies, Bantu and half-breed states, and, latterly, protectorates ; the whole, or nearly the whole, ultimately merging in a post-war Dominion with a foreign mandated territory attached.

The social foundations are even more diversified than the political superstructure. On the East Coast are Portuguese, on the West, Germans; in the central mass of the territory are Afrikaners, descendants of the main of Dutch, French, and West German ancestors, men of various British stocks, and a strong contingent of Jews from Eastern Europe.

Indians are numerous in the south-eastern parts; in the southwest corner, Moslems point with pride to traces of Malay blood; a few pastoralist Hottentots survive in outlying parts; a few, a very few, Bushman hunters still lurk in the shadows. In the southwest again are the Cape Coloured Folk, the progeny of Europeans.

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Welcome to the South African History

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PREFACE

Asiatics, and Africans; in the east, center, and north, outnumbering all other groups combined, are sturdy Bantu tribesmen. South African humanity ranges from Stone Age man to the twentieth-century trust magnate.

In essaying to tell the tangled story of Southern Africa, I have broken away from traditional methods in two respects.

First, I have made no attempt to give an account of each of the component parts of the South African state system as a thing by itself.

I have rather tried to tell the story of South Africa, even when South Africa was still in fragments, to trace the interplay of the parts which was always more significant than the doings of any one of them.

Secondly, I have made neither the development of self-government and Union nor the struggle between the British and Afrikaners the main theme.

These things naturally loom large; at times they fill the stage, but they do so at the cost of pushing the principals into the wings.

Those principals are Western civilization, tribal Africa and, to a less degree, theocratic Asia.

I have worked with these factors constantly in my mind and, as far as possible; have given them their legitimate place.

For that reason, I have ventured to carry the story on to 1924. Six years ago, when I began the book, the obvious term of my labors would have been the consummation of Union in 1910.

The revolutionary outbreak on the Witwatersrand in 1922 made such an ending inadequate. That rising was, at the bottom, the result of an economic clash between European and non-European.

It marked a violent stage in the awakening of European South Africans to the fact that their economic and social problems were only other aspects of the Native problem.

That awakening is the chief fact in South African history since Union. By 1924 the swing over of the center of political gravity from the con- institutional to the economic sphere was complete.

The Union passed under the rule of a ministry of Nationalists, supported by the more conservative of the rural Afrikaners, and of predominantly British Labour, representing the most radical of the urban population.

The strongest bond of union in this coalition ministry was a determination to safeguard ' white South Africa.' The pursuit of that end is a matter of current politics and, therefore, out of place in what is first and foremost a political history.

Of course, in a sense, all South African history is current politics, for the past has been stormy and memories are long. Hence, I have written with the utmost restraint, of set purpose abstaining from pointing morals and adorning tales, especially in dealing with the history of the last forty years.

This I have done at the sacrifice of color which, under other circumstances, might well have been applied. For that period above all, I have been content to follow Bacon's advice and, within the compass of my knowledge and understanding, ' to represent the events themselves together with the counsels, and to leave the observations and conclusions thereupon to the liberty and faculty of every man's judgment.'

In the course of my work, I have been helped by many friends,

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Welcome to the South African History

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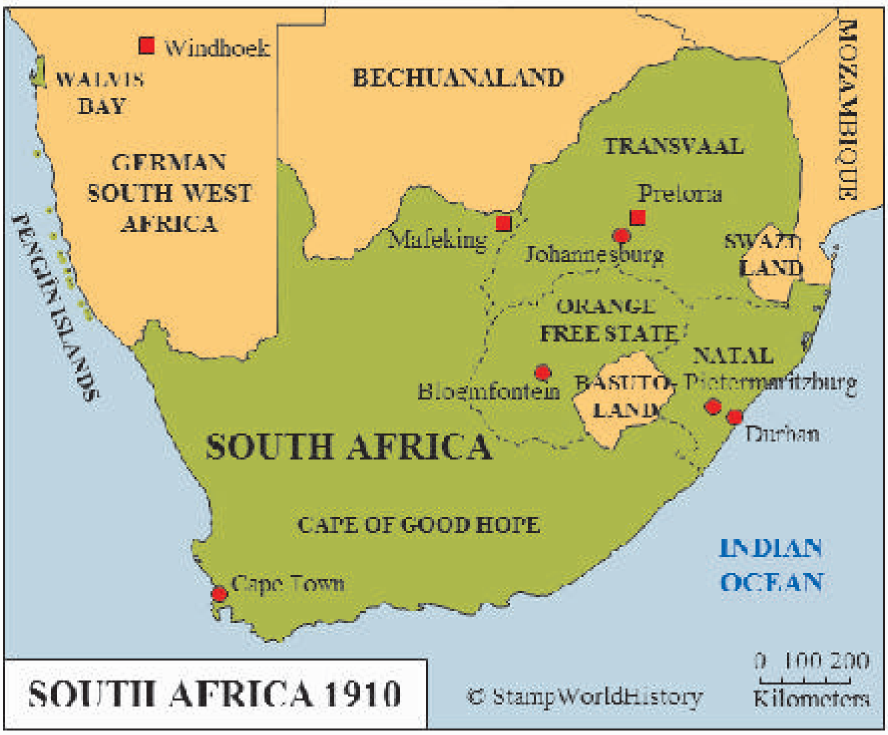
by far more than I can name in a short preface.

But there are some to whom I owe especial debts. Professor Leo Fouche of the Transvaal University College was to have written the first five chapters.

Unhappily he was prevented from so doing, but he has revised those chapters in the light of his wide knowledge of seventeenth- and eighteenth-century history. Professor R. Coupland of Oxford, Professor W. M. Macmillan of the University of the Witwatersrand, and Mr. A. C. G. Lloyd, the librarian of the South African Public Library at Capetown, have read the proofs either in whole or in part; Mr. J. G. Gubbins of Ottoshoop, Transvaal, has shown me numerous documents dealing with frontier affairs during the eighteen-thirties and forties; Sir Drummond Chaplin has allowed me to use unpublished material in letter-books which he kept while he was Transvaal correspondent to The Times during 1897-8 ; the executors of the late Mr. J. G. R. Lewis, sometime Director of Education in South- West Africa, have put at my disposal the completed portions of his projected history of that territory ; Mr. J. Agar Hamilton of the Transvaal University College has sent me copies of many documents in the Pretoria Archives ; the staffs of the Parliamentary and Public Libraries and of the Archives at Capetown have borne with my importunities patiently. Finally, I have gained information on various points from the unpublished theses of post-graduate students of this and other Universities. I acknowledge this help in greater detail in the Select Bibliography at the end of the book.

Eric A. Walker.

The university of Capetown,
August 1927.





Farm Attacks



Farm attacks doesnt just happen, before a farm are attack, the attackers watch the farm for months and leave valuable clues along the way.

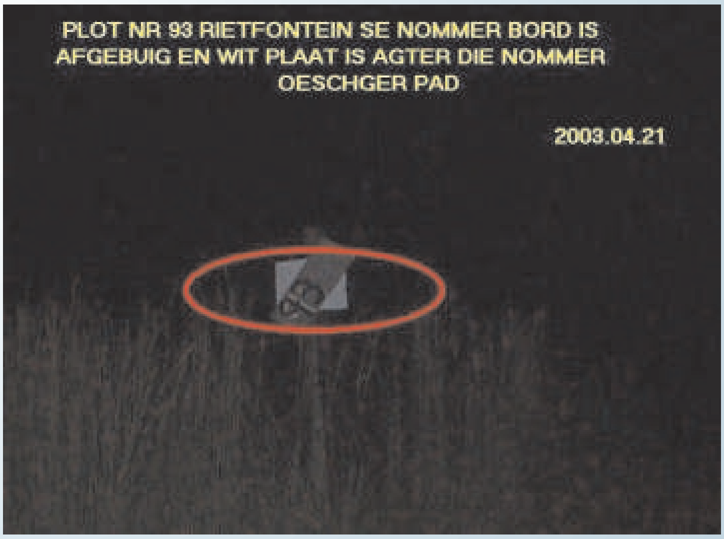
These signs would tell a story of when an attack is going to happen, how many people are on the farm, how many children, adults etc.

The signs would even indicate how brutal the attack would be, so we hope that these signs would give you an idea of what we talking about and also that it would help you to be on the look out next time you on the road on your farm.

These are just a few signs, there is way more .

If you have any question you might have over these signs please contact us on: farmersaidsa@yahoo.com and we will forward it to Lukas Swart who works with this on a daily basis.



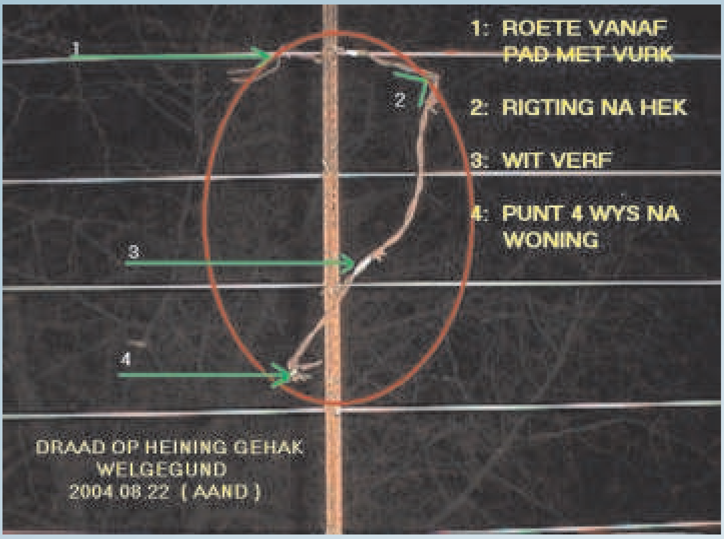








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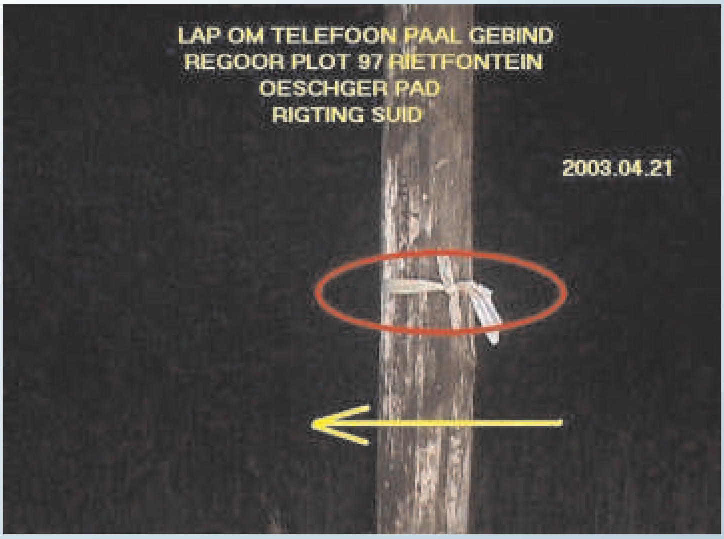








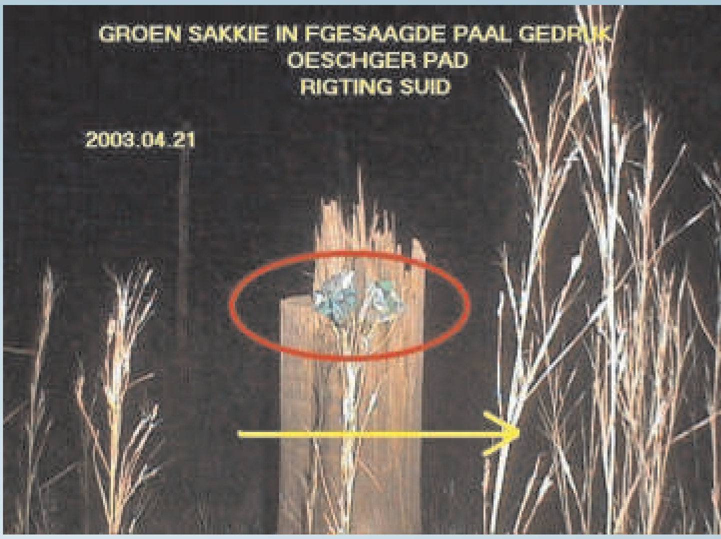


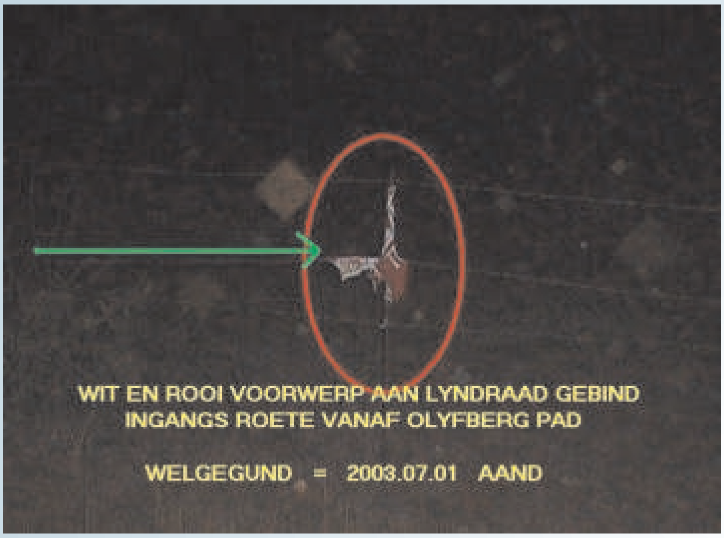




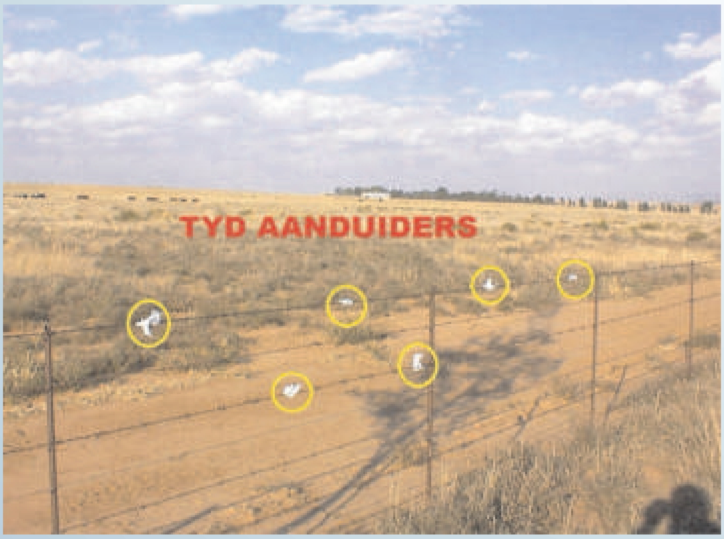
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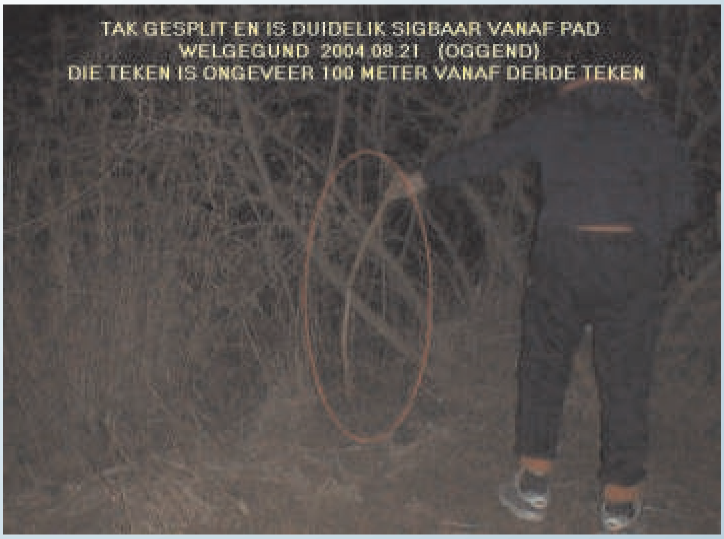

TELEFOON PAAL IS SKOON GEKRAP SIEN PUNT VAN PYL
OESCHGER PAD
2003.04.21


GROEN SAKKIE IN FGESAAGDE PAAL GEDRUK
OESCHGER PAD
RIGTING SUID
2003.04.21


WIT EN ROOI VOORWERP AAN LYNDRAAD GEBIND
INGANGS ROETE VANAF OLYFBERG PAD
WELGEGUND = 2003.07.01 AAND


SAK AAN ALBEI ORE AAN TAK WAS GEMAAK
OESCHGER PAD
RIGTING SUID
2003.04.21


TYD AANDUIDERS


TAK GESPLIT EN IS DUIDELIK SIGBAAR VANAF PAD
WELGEGUND 2004.08.21 (OGGEND)
DIE TEKEN IS ONGEVEER 100 METER VANAF DERDE TEKEN


ION CAUTION CAUTIO



Grap Gat

deur Marlien Coetzee

Ek's eintlik impressed met wat Lance Armstrong gedoen het!!!!Toe ek op drugs was kon ek nie eers my flippen fiets kry nie.



Ek dink nie my vrou is snaaks nie, toe ons gaan uit eet bestel sy vis.
Die kelner vra haar in Engels, "what about the vegetable?
Toe sê sy: "hy sal seker 'n steak eet".

'n Grap is 'n grap, maar:

Jy speel nie in pienk rugby nie.
Plak nie 'n "Arrive Alive" sticker op 'n lykswa nie
Jy sit nie sandkorrels in iemand se kondoom nie.
Jy maak nie 'n sambreel in 'n man se hol oop nie.
Jy sit nie 'n hospital se krag af nie.
Jy vra nie jou baas op 'n jaareindfunksie in watter afdeling hy werk nie.
Jy los nie 'n albino in die son nie.
Reël nie 'n oueraand in die weeshuis nie.
Jy sê nie vir n weeskind om hande te klap tot sy ma hom kom haal nie.
Skuif nie 'n blinde man se meubels nie.
Jy los nie die toilet plunger in n blinde man se toilet nie.



Die vrou hou haar skelmpie geselskap, en ewe skielik is daar 'n lawaai by die deur. Die skelmpie wil nog vlug, maar sy stel hom gerus: "My man is so dronk, hy sal jou nie eers opmerk nie."
Die man kom in die kamer in, kry darem die bed, en klim langs sy vrou in. Na 'n kort rukkie vra hy: "Vroutjie, ietsj isj fout, ek sjien dan sesj voete onner die laken, en dit moet net vier weesj."
"Nee my man, ek dink jou hoek van observasie is net verkeerd. Klim bietjie uit, staan daar, dan tel jy weer."
Hy klim uit en tel weer: "Een, twee, drie, vier, jysj heeltemaal reg my vroutjie, ek sjien ook nou net vier voete. Nou kan ek verder sjlaap."

JOU GRAP GAT

verwolg op bladsy 22

vervolg vanaf bladsy 21

Grap Gat

deur Marlien Coetzee

Boere en Britte

Iewers in die laat 1800's… of só lui die legende… kom ene Edward Longshanks met 4,000 Britse troepe Suid-Afrika toe om die Boere op te f…
By die slagveld gekom sien hy doer in die verte op 'n koppie staan 'n figuur met blonde hare, kortbroek aan met 'n kam in sy kous.
"Rooinek!" skree die Boer op die koppie. "Kom hier jou Engelse moer! I will gives you one helluva gatskop!"
Edward draai om na sy bevelvoerder en sê: "Take 20 men and deal with that Boer upstart!"
Die bevelvoerder stuur 20 man om die Boer te gaan soek.
Tien minute later staan die Boer weer op die koppie. "You! English donner! Stuur the rest of your Rooinekke. I will donner them almal op!"
Edward raak nou ietwat geïrriteerd en sê vir die bevelvoerder: "Take 100 men and kill that little guttersnipe!"
Die bevelvoerder stuur 100 man oor die koppie.
'n Rukkie later staan die Boer so waar as wragtig weer op die randjie en skree: "Hey, you ROOINEK! I is just warming up!
Toe verloor Edward kop en stuur 400 troepe om die Boer dood te maak.
Tien minute later staan die Boer maar weer daar.
Sy klere is geskeur en sy hare staan wild.
Dis net snot, bloed en Castle.
Weer skree hy: "Is dat de best ye can do? You bloody vrot pommies!
Come on, come and have a go julle souties! Kom klap me stukkend!"
Rooi in die gesig sê Edward vir die bevelvoerder: Take the rest of the men and don't come back untill you have killed him!"
Vyf minute later kom een van die troepe al gillende en vol bloed oor die randjie gestorm: "Your majesty!" skree hy,
"It's a trap! It's a trap!! There's two of them



ADVANCED
COMBAT VEST

Our combat vests are made of high quality material to provide maximum reliability and comfort to the user.

The Advanced Combat Vest (ACV) model`s outer molle webbing system provides users with the freedom to setup their vest based on their mission requirements.

We have designed a range of molle pouches which include primary and secondary magazine pouches in one, two or three tier layout, radio, and medical.

The ACV can accommodate plate and Kevlar simultaneously in either forward or rear facing compartments based on user's preference.

Access to front and back plate compartment is easily done by opening the top Velcro seal located on forward or backwords facing panel.

The ACV also features side compartments for additional side plates.



ADVANCED COMBAT VEST

Name	Level	Description	Price R
Main Molle Vest	III	2 x Main Standalone Plates (Stops AK47 7.62 x 39)	2600
Main Molle Vest	III	2 x Main Standalone Plates + 2 Side Plates (Stops AK47 7.62 x 39)	3000
Main Molle Vest	IV	2 x Main Plates Plus Full Wrap Kevlar Level II Around Body	4700
Main Molle Vest	IV	2 x Main Plates Plus Full Wrap Kevlar Level IIIA Around Body	5000
Add Molle Pouches			
Medical Pouch		R 100	
Radio Pouch		R 100	
9mm Mag Pouch		R 100	
3 in 1 AR Mag Pouches		R 250	
Info/Cuff Pouch		R 100	
Sizes:		Option A: S - XL & Option B: 2XL - 4XL	
Colors:		Black, Olive and Tan	
E-mail:		**Eddievtactical@gmail.com**	
Cell:		**083 689 8013**	
Facebook Page:		**Eddie V's Tactical Combat Vests**	



Boek Resensie



Die Son Kom Op

In "Die son kom op" deur Louis Rautenbach raak die skrywer aan 'n onderwerp waaroor daar baie debatte aangegaan word – homoseksualiteit.

"Die son kom op" is 'n verhaal wat sy oorsprong kry van scenario's wat in die realiteit plaasvind.

Hierdie scenario's raak nie net aan die fasette waardeur 'n gay persoon gaan nie, maar ook aan die manier waarop familie, vriende en selfs die kerk 'n naaste se seksualiteit hanteer.

Ek het groot waardering dat 'n boek soos hierdie die lig gesien het in Afrikaans en Engels.

"Die son kom op" word nie deur middel van "net nog 'n interpretasie" aangebied nie, maar raak aan die gestroopte werklikheid, Bybelse feite en selfs logiese lesing en toepassing van die Bybel.

Die grootste doel wat die skrywer hier skep, se vervulling lê in die hande van die leser; om verby die politiek, veroordeling en oningeligte doktrines te kyk en weer by die basiese grondslag van die Woord uit te kom - liefde, medemenslikheid, respek en ware eenheid in Christus.

"Die son kom op" is 'n outentieke en triomfantelike sinopsis van die homoseksuele gemeenskap wat deur dieselfde Skepper as die heteroseksuele gemeenskap geskape is. Louis skroom nie om hierdie verhaal – wat vele mense se bestaan is – op die man af te vertel nie. Ek het hoë verwagtinge dat "Die son kom op" oor die potensiaal beskik om 'n krities bekroonde boek te word.

Deur Mede skrywer gedoen

Artist Of The Month

Sanet Versveld





Born and raised in Amersfoort Mphumalanga I grew up on a farm and I truly love nature. Farmers are very close to my heart.

Six years ago I moved to eMalahleni and I'm still living there. I`m the owner of a daycare and did a mural on one of the walls.

A friend of mine saw it and told me that he is organizing a one woman show for me. 25 was the minimum paintings I had to submit….i gave him 37 and since then there was no stop to my new love for paint and brushes. I completely love painting.

Farmers are very close to my heart

I have no education in painting and it`s just my soul and hart that goes into a painting.



My painting didn`t stop with canvasses……I ended up painting on doors, walls, wood , stone, Jojo tanks…..basically everything that I can lay my hands on turns to paintings.

Bottom Right:
Sanet busy painting the JOJO Tank

Bottom: The final product





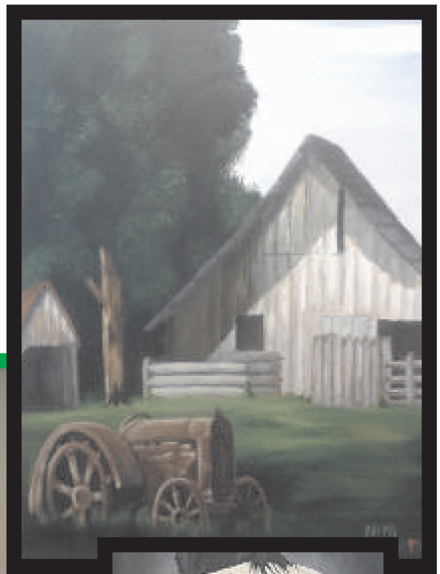
Artist Of The Month



Sanet Versveld

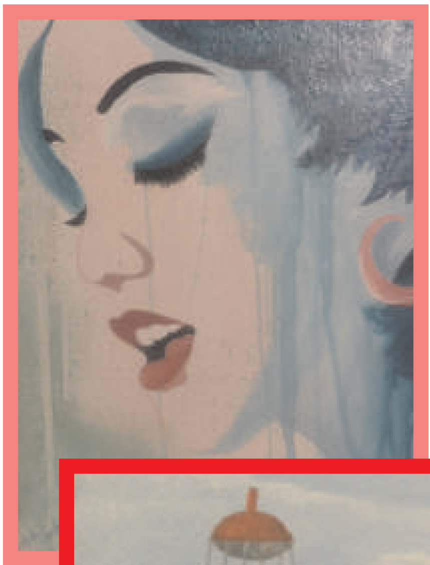
My painting didn`t stop with canvasses……I ended up painting on doors, walls, wood , stone, Jojo tanks…..basically everything that I can lay my hands on turns to paintings.

I believe that there is no wrong painting…..it`s part of the artist`s soul and then it can't be wrong. I encourage people and kids through my painting classes to express their feelings through art and the most important part of art is that the artist has to enjoy it.

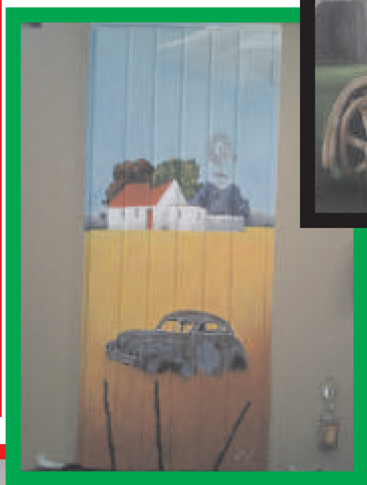


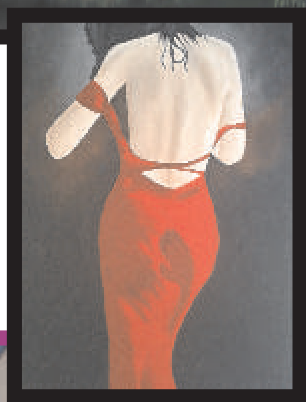
If there is one message I would like to send into the world it is to never think you are not good enough to create your own master piece….you are.

My thanks goes to Jesus Christ for blessing me with my talent and I would like to send blessings with every painting I sell therefor there is a little red cross near my signature to show my appreciation to the Lord



















EMERGENCY MEDICAL CARE

ER24

084 124

We got the following letter from ER24 Secunda and offered help for any Farm attack victims:

Good evening My name is Andre and I am the branch manager for ER24 Highveld in Secunda.

I would like to offer our assistance to any farmer and his family involved or under a farm attack.

We opperate in the following Area's:

Secunda	Leandra	Kinross	Kriel
Evander	Standerton	Morgenzon	Bethal
Ermelo			

WITH MEDICAL RESPONSE 24 / 7

Irrelevant of medical aid or ambulance costs we can make arrangements regarding that.

I feel it's important that emergency medical support be readily available for our farmers under attack.

Andre offered his services to help our farmers, we ask every other ER24 medical services to contact us so we can set up medical services to farmers in other ares to.

We are committed to find ways and work with people like Andre to help our farmers, this could just save a farmers life.

The challenge has been set, now it is up to you to head the call and help. Any organization that want to stand with us and help our farmers please contact us on: farmersaidsa@yahoo.com or leave your details. We will get in touch with you.

Andre we from Farmers Aid SA, would just like to thank you for contacting us and helping us to help our farmers, May God Richly Bless you for taking time out to help our farmers.

People please share this to all the people you know and lets together help and assist our farmers.
Farmers Aid SA

(082) 774 - 3302

mpumalanga@er24.co.za

THERE FOR YOU

HUIS politiek



In ons volgende weergawe in farmersaid tydskrif sal hierdie hoekie gebruik word om lekker saam te gesels oor politiek in die huis.

Hier bied ek julle die die geleentheid om te kla, te kerm,te deel en raad te vra.

Ons Afrikaners is sterk mense – min dinge kry ons onder.

Maar elke huis het sy kruis en in elke huishouding en verhouding is daar klein jakkalsies wat mens soms teen die mure kan uitdryf.



Baie keer is daar ook meer ernstige probleme.

Dit gee ons perspektief en stel ons in staat om dinge uit verskillende oogpunte te bekyk.

Ons almal voel soms asof ons teen die dak vas dink of selfs in n kokon vasgekeer is.

Deel jou frustrasies, probleme , jou seer hier en dan kyk ons of ons nie saam n oplossing kan vind nie.



Ons is bekend daarvoor dat ons altyd ons eie kop wil volg. Ja, selfs al stamp ons dit ook!

Tog is dit goed en lekker om ons probleme en frustrasies te deel en ander se menings of raad te vra.

TWEE KOPPE IS BETER AS EEN…..

Stuur gerus jou epos aan my dan gesels ons in die volgende weergawe saam.

MARLIEN COETZEE
marlien.coetzee95@gmail.com


DEFINISIE

Owerspel vind plaas wanneer deur die loop van 'n gewone dag ek in enige persoon liefde, aandag, vertroosting, vervulling en bevrediging soek wat bedoel is om binne die huwelik gevind te word.

Egbreuk is wanneer ek my liefde wegdraai na iemand buite die huweliksverhouding.



Farmers Aid
Together we can

IN AID OF

Farmers Aid SA is selling the following items to collect money for us to assist our Farmers in South Africa.

PLEASE SUPPORT US























FarmerS Aid
Together we can

IN AID OF













ORDERS CAN BE PLACED AT

(072) 520 - 0539